

BSPK

BESPOKE FITNESS

House Rules

To ensure we are able to continue to provide the best level of service; BSPK Fitness Ltd. require that ALL users, read and adhere to the following rules and by doing so accept conditions of use and training at the Studio.

Yes Please:

- 1) Once you have set up an account; this is 'Your' private account to use for all bookings made. You will need to set-up & book into our Operating Booking System before use and / or access to BSPK Fitness Ltd. Studios.
- 2) Friends & family members are all welcome, using their own account, or by booking out the entire Gym Floor Space. Please note booking out the Gym Floor Space permits no more than 4 people at a time, unless otherwise agreed.
- 3) Trainers are welcome and need to contact us for verification before you get to train your clients in our studio.
- 4) You have no health and medical reasons and sufficient competence and experience to participate in all undertakings at BSPK Fitness Ltd. in a manner safe to yourself, and others, and are responsible for your own personal self while at the Studios.
- 5) Please monitor time allocated and ensure that you depart the Studio before the end of the booked slot. If you overstay, with exception of using the shower room; you will be charged a further £10.00 for every 10min in the Studio, refund requests not considered.
- 6) You are responsible for any belongings brought into the Studio and ensuring you don't leave anything behind on your departure, as BSPK Fitness Ltd. will not be responsible for any loss and / or damage as a result.
- 7) Make sure you wipe down and put away any equipment used during your sessions, using the anti-bacterial supplies available at the Studio.
- 8) Any damages caused to the Studio, and or equipment damaged or missing, is to be reported immediately. Charges associated with these damages, post a booked session, will be formally reported and associated costs for repair and / or replacement will be the liability for the individual(s) concerned.
- 9) A cleaning crew will come in daily to clean the Studio along with Shower Room plus all the equipment, which will be maintained to a satisfactory level. Any discrepancy with the cleanliness and / or working order is to be reported to Online Support Team for them to address.

No Thanks:

10) Use of the Wi-Fi and music system is not to be abused and must take into consideration other Studio users and our neighbours.

11) No unlawful activities are to be undertaken on the premises and any private hire and bookings for specific events / functions are to be sanctioned prior.

12) BSPK Fitness Ltd. will not be liable for any injury caused as a result of user negligence. Any accidents, injuries, sicknesses, etc. that occur, while using the Studios will need to be reported immediately by completing the online 'Accident report' form, at the time the incident occurs.

13) No minors, under the age of 18, are allowed unsupervised in the Studio. While we welcome training as a family; It is the responsibility of the adult to ensure safety and care of the minor whilst using the Studio & liability for the minor's actions are solely for the adult and not BSPK Fitness Ltd.

14) No food, vapes, alcohol and other substances are to be consumed or left overnight at BSPK Fitness Ltd. Studios. Hot and cold beverages (water; protein & energy drinks; coffee; etc.) are an exception however must not be left lying around the facility, or on any equipment, and must be removed from the facility and disposed of off site.

15) Any abuse to the team, other users, and / or the facilities will not be tolerated and will be formally reported for prosecution and the individual(s) concerned will be banned from any further use of the Studios.

16) No pets / animals are allowed in the Studio at any time.

By proceeding with the booking to train and / or utilise BSPK Fitness' Studios; is confirmation that you have read the 'House Rules and acknowledge and understand what has been written.